

# SOUTH COUNTY RIPTIDE SWIM TEAM



Quality Swimming will now offer a YEAR ROUND recreational swim team at the Lore and Eric F. Ross Jewish Community Center in Boynton Beach.

Our team is for children 5 to 18 who can swim one lap of freestyle and one lap of backstroke. This is an introduction to competitive swimming. Stroke technique, fun and fitness will be emphasized.

## REGISTRATION INFORMATION

**Yearly Registration Fee:** \$35 (paid only on the first month of enrollment)

\*\*current swimmers-no registration fee due until 2011\*\*

**Monthly Fee:** \$70 for members, \$80 for non-members

**Practice Days:** Monday, Tuesday, Thursday, Saturday & Sunday

*Weekday Practice 4:45-6:15pm*

*Saturday Practice 1:00-2:15pm*

*Sunday Practice (Coconut Creek Training Group ONLY) 1:00-1:45pm*

**Tryouts:** Every Monday & Thursday from 6:00-6:15pm

**REGISTER AT ANY TIME!!**

Call Quality Swimming to register at (561) 487-8276!!

[www.qualityswimming.com](http://www.qualityswimming.com)